

# **Doppelgänger**

From the Wikipedia:

In fiction and folklore, a doppelgänger or doppelgaenger, literally "double-goer") is a look-alike or double of a living person who is sometimes portrayed as a harbinger of bad luck. In some traditions, a doppelgänger seen by a person's relative or friend portends illness or danger while seeing one's own doppelgänger is said to be an omen of death.

In contemporary vernacular, the word doppelgänger is often used in a more general sense to identify any person that physically or perhaps even behaviorally resembles another person.

## **[Mythology]**

Although this German word is of relatively recent origin, first appearing in English use in 1851, the concept of alter egos and double spirits appears in the folklore, myths, religious concepts, and traditions of many cultures throughout human history.

In Ancient Egyptian mythology, a ka was a tangible "spirit double" having the same memories and feelings as the person to whom the counterpart belongs. In one Egyptian myth entitled, The Greek Princess, an Egyptian view of the Trojan War, a ka of Helen was used to mislead Paris of Troy, helping to stop the war.

In Norse mythology, a vardøger is a ghostly double who precedes a living person and is seen performing their actions in advance. In Finnish mythology, this is called having an etiäinen, i.e., "a firstcomer".

In Breton mythology as well as in Cornish and Norman French folklore, the doppelgänger is a version of the Ankou, a personification of death.